

Term 1		Year 10			Year 11		
Week No.	Date WC	Lesson Topic	Learning Objectives	Link to PSHE Association PoS	Lesson Topic	Learning Objectives	Link to PSHE Association PoS
1	02/09/2024	INSET	INSET	INSET	Misinformation	To be able to explain the difference between misinformation and disinformation To understand why someone might spread false information	Not included in PSHE Association PoS
	09/09/2024				Misinformation	To be able to reach an informed decision about whether you think false information was to blame for the summer riots?	
2	16/09/2024	PSHE Year Ahead + Misinformation	To be able to explain the difference between misinformation and disinformation To understand why someone might spread false information To be able to reach an informed decision about whether you think false information was to blame for the summer riots?	Not included in PSHE Association PoS	Next Steps	Financial decision making SOW - Student did not complete this in year 10	PoS Autumn 2 Living in the wider world - Next Steps PoS refs: L1, L2, L3, L4, L6, L7, L8, L11, L12, L21
	23/09/2024						
3	30/09/2024	Mental Health and Wellbeing: New Challenges	To be able to: identify the range of opportunities and challenges young people might encounter as they move into adulthood, explain strategies to help manage these challenges, analyse how mental health and emotional wellbeing can change throughout life, often in response to external events	PoS Autumn 1 Health and Wellbeing - Mental Health Mental health PoS refs: H2, H5, H6, H7, H8, H9, H10	Next Steps	Financial decision making SOW - Student did not complete this in year 10	PoS Autumn 2 Living in the wider world - Next Steps PoS refs: L1, L2, L3, L4, L6, L7, L8, L11, L12, L21
	07/10/2024						
4	14/10/2024	Mental Health and Wellbeing: Reframing Negative Thinking	To know what negative thinking patterns are To understand how negative thinking can impact our wellbeing To be able to reframe negative thinking and identify ways to learn from setbacks	PoS Autumn 1 Health and Wellbeing - Mental Health Mental health PoS refs: H2, H5, H6, H7, H8, H9, H10	Next Steps	Financial decision making SOW - Student did not complete this in year 10	PoS Autumn 2 Living in the wider world - Next Steps PoS refs: L1, L2, L3, L4, L6, L7, L8, L11, L12, L21
	21/10/2024						
HALF TERM		28/10/2024					
Term 2							
5	04/11/2024	Anti Bullying Week - 2024 Anti Bullying Alliance Respect lesson	To know how to define the concept of respect To understand how to respectfully disagree with someone To be able to recognise and address disrespectful behaviour, including supporting others who have been disrespected	R1, R31,	MOCK EXAMS	MOCK EXAMS	PoS Spring 2 Health and Wellbeing - Independence PoS refs: H3, H4, H11, H13, H14, H15, H16, H17, H18, H22, H23, H24
	11/11/2024				Health Independence: Health Services and Donations	To be able to navigate the range of NHS services available for our mental and physical health To understand when to use emergency services and what non-urgent services are available to us To know about the different options for making blood, organ and stem cell donations and why they are needed	
6	18/11/2024	INSET	INSET	H26	Health Independence: Health Services and Donations	Continued	PoS Spring 2 Health and Wellbeing - Independence PoS refs: H3, H4, H11, H13, H14, H15, H16, H17, H18, H22, H23, H24
	25/11/2024				Health Independence: Cancer Awareness	To know what breast cancer and testicular cancer is and how it can affect us To understand the difference between the facts and the myths in relation to cancer causes To be able to confidently check our bodies regularly for signs of cancer	
7	02/12/2024	Challenging Prejudice/LGBTQIA+ Gender and Sex	To be able to describe the difference between gender and sex, as well as being able to use gender related terms correctly To understand why sex and gender can be a controversial topic of discussion To understand some of the issues that non-cisgendered people face today	H26	Health Independence: Cancer Awareness	Continued	PoS Spring 2 Health and Wellbeing - Independence PoS refs: H3, H4, H11, H13, H14, H15, H16, H17, H18, H22, H23, H24
	09/12/2024				INSET	INSET	
8	16/12/2024	Challenging Prejudice/LGBTQIA+: Peace and Activism	To be able to define what activism is To understand what your role in activism can be and consider what types of activism work best in different situations To know about several key activists, or acts of activism, which were led by LGBTQIA+ people, or which brought about improved rights for LGBTQIA+ people		Health Independence: Influence, Self Expression and Cosmetic Procedures	To know how internal and external influences can affect self-expression and feelings about body image To understand laws and regulations relating to cosmetic procedures and sunbed use and evaluate their risks To be able to make informed decisions relating to sunbeds and cosmetic procedures	
XMAS		23/12/2024					
XMAS		30/12/2024					
Term 3							
	06/01/2025				Health Independence: Influence, Self Expression and Cosmetic Procedures	Continued	
9	13/01/2025	Financial Decision Making: Money Management	To become more aware of the costs of living and more confident with your ability to manage money To understand what a budget is and why it is so important To understand how to calculate your own income and expenditure to create your own budgets	PoS Autumn 2 Living in the wider world - Financial decision making PoS refs: H25, R38, L16, L17, L18, L19, L20, L25	Relationship Communication	Personal Values	PoS Spring 1 Relationships - Communication in relationships PoS refs: H26, H27, H28, H29, R16, R17, R21, R23, R32
	20/01/2025				Relationship Communication	Assertive Communication	
10	27/01/2025	Financial Decision Making: Money Management	To know the difference between how you would use a current account and a savings account To understand what the key considerations are before you		Relationship Communication	Assertive Communication	

	03/02/2025	Making: Saving, Debts and Loans	To understand what the key considerations are before you borrow money To know what steps to take if you find yourself in financial difficulties		Relationship Communication	Challenges and Abuse		
11	10/02/2025	Exploring Influence: Teens and Vaping	To be able to explain how a vape works and identify their dangerous parts To understand what makes vapes attractive to young people so we can avoid being drawn in To make predictions about our societies future with or without vapes	Not included in PSHE Association PoS But will include: H49	Relationship Communication	Challenges and Abuse		
HALF TERM		17/02/2025						
Term 4								
	24/02/2025				Families	Committed Relationships and Family Life		
12	03/03/2025	Exploring Influence: Substance use and assessing risk	To be able to: analyse how alcohol and other drugs affect decision-making assess the risks of substance use when travelling or socialising explain ways to keep safe and support friends when socialising in situations involving alcohol or other drugs		Families	Committed Relationships and Family Life		
	10/03/2025				Families	Fertility and Pregnancy Choices		
13	17/03/2025	Exploring Influence: Substance use and managing influence	To be able to: explain how different internal and external influences can affect decision making describe strategies for managing peer influence in increasingly independent contexts evaluate ways to be a positive influence on peers in relation to substance use	PoS Spring 2 Health and Wellbeing - Exploring Influence PoS refs: H19, H20, H21, R20, R35, R36, R37	Families	Fertility and Pregnancy Choices	PoS Summer 1 Relationships - Families PoS refs: H30, H31, H32, H33, R4, R11, R12, R13, R24, R25, R26, R27, R33	
	24/03/2025				Families	Change, Loss, Grief and Bereavement		
14	31/03/2025	Exploring Influence: Help seeking and sources of support	To be able to: describe the wider physical and psychological consequences of substance use explain what addiction/dependency is and how it can affect individuals identify sources of support and how to seek help for substance use and addiction evaluate and challenge potential barriers to seeking support		Families	Change, Loss, Grief and Bereavement		
EASTER		07/04/2025						
EASTER		14/04/2025						
Term 5								
	21/04/2025				Building for the Future			
15	28/04/2025	Extremism and Radicalisation: PREVENT Recognising signs	To understand what Prevent is and how discrimination can link to radicalisation and extremism To know what I can do to recognise the signs of radicalisation and extremism To be aware of the support and services available if I or someone I know is being radicalised	PoS Summer 1 Relationships - Addressing Extremism and Radicalisation PoS refs: R5, R6, R9, R10, R14, R28, R29, R30, R31, R34, L24, L26, L27, L28, L29	Building for the Future	Ambition and Unrealistic Expectations		
	05/05/2025				Building for the Future	Ambition and Unrealistic Expectations	PoS Autumn 1 Health and Wellbeing - Building for the future	
16	12/05/2025	Extremism and Radicalisation: Toxic Support Networks	To understand the key terms Misogyny and Incel To be able to analyse the usefulness of the internet for support To conclude how best to seek online advice		Building for the Future: Coping with Exam Stress	To know how recognise the signs of stress To understand what normal stress looks like and when stress is more serious and you should seek support To be able to create healthy strategies for managing your stress and emotional wellbeing	PoS refs: H2, H3, H4, H8, H12, L22	
	19/05/2025				Building for the Future: Coping with Exam Stress	To know how recognise the signs of stress To understand what normal stress looks like and when stress is more serious and you should seek support To be able to create healthy strategies for managing your stress and emotional wellbeing		
HALF TERM		26/05/2025						
Term 6								
17	02/06/2025	RSE Healthy Relationships: Intimacy and Pleasure	To know what enthusiastic consent looks and feels like To understand how to assess the importance of readiness for intimacy as an individual and as a couple To be able to explain the role that communication and respect play in healthy relationships and consent					
	09/06/2025							
18	16/06/2025	RSE Healthy Relationships: Impact of	To know the law relating to pornography and sharing explicit images To understand the impact pornography can have on people's understanding and expectations of consent	PoS Spring 1 Relationships - Healthy Relationships				

	23/06/2025	Impacts of Pornography	To be able to challenge inaccurate and dangerous messages perpetuated by pornography, about sexuality, gender, and consent	PoS refs: R1, R2, R3, R6, R7, R8, R14, R15, R18, R19, R22, R28, R29, R30, R31	GCSE Study Leave		
19	30/06/2025	RSE Healthy Relationships: Expectations, Pressure, Persuasion and Coercion	To know when asking for consent becomes inappropriately pressurising or persuasive				
	07/07/2025		To understand that everyone has a right to not give, or withdraw consent, and challenge victim-blaming narratives				
20	14/07/2025	RSE Healthy Relationships: TBC	To be able to explain the legal consequences of pressure, persuasion, and coercion in relation to consent				
	21/07/2025						
SUMMER							