



King's Academy **Easthampstead Park**

It takes a whole community to raise a child.

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22 October 2024

Dear Parents/Carers

Cross Country Relay - Thursday 14 November 2024

Your child has been selected to represent King's Academy Easthampstead Park, in the annual cross-country race at Great Hollands Recreation Ground, on Thursday 14 November. The mixed relay teams will consist of two students from Year 7, two from Year 8 and two from Year 9. With this in mind, while I will ensure that reserve runners are in place, should a team be incomplete on the morning of the race, I will not be able to take them to the event.

The timing of the event will mean that your child will need to leave school at 9:20am and will return in time for the start of Period 3 at 12:10pm. Students should arrive at school in their PE kit. We will be walking to the event so I would suggest they wear their PE kit underneath their navy joggers and school PE jumper, and that they have a coat to wear before and after the race. Please ensure that your child is prepared for the weather conditions. It is likely to be cold and there will be an element of waiting around due to the nature of a relay event.

Students will need to change into their school uniform on their return so must bring this to school in a separate bag so they are able to leave it at school. Runners should not participate in shoes they are expecting to use inside school buildings and I recommend running in spikes, trail trainers or football boots. Four safety pins (to attach running numbers) and a drink will also be needed as well as asthma inhalers if required.

Please complete and return the reply slip below and return to Miss Burrows in the PE Department before Monday 11 November.

Yours faithfully

Miss S Burrows
Head of Physical Education

Cross Country Relay - Thursday 14 November 2024
Please return to Miss Burrows by **Monday 11 November 2024**

Name of student: Tutor group.....

I consent for my child to compete for the school at Great Hollands Recreation Ground, Bracknell on Thursday 14 November.

Emergency Contact Number:

I do / do not* give permission for my child's photograph to be used in event write ups or on social media by the organisers.

Signed:.....(Parent/Carer) Date:.....



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